

La Costa 35 Athletic Club Softball Rules (Adopted August 20, 2026)

Purpose of the LC35AC Recreational League:

The La Costa 35 Athletic Club was formed to promote Friendly Competition, Recreation, Good Sportsmanship, and Social Fun, in a safety-first environment for all members and their families. If winning the game is the most important goal for you as a participant, you are in the wrong organization. The competition that exists in our League is to come from the use of bats and gloves, not words or aggressive behavior. Any questions over Umpire calls are to be handled solely by the Team manager and Umpire, in a respectful manner. Un-sportsmanship conduct will not be tolerated and may result in disciplinary action, including suspension or expulsion from the League at the discretion of the League President or Board of Directors as further discussed herein.

1. General

- 1.1. Insurance: The League hereby provides notice to all members participating in League sponsored activities that they are playing at their own risk of accident or injury. It is recommended that all members carry insurance for such purposes. No player shall be allowed to participate in any League sponsored sporting activity without reading, signing and dating the "Agreement and Release of Liability" portion of the League's registration form.
- 1.2. Registration: No player will be allowed to participate in League sanctioned events without completing and submitting a registration form. The registration form, which includes a "Release from Liability Statement" as well as an "Altered Bat Statement", must be signed and dated by the player.
- 1.3. Fees: All fees must be paid in full by the beginning of regular season play. Players will not be allowed to play without payment. **Non-Carlsbad residents shall pay an extra \$5.00 per person/ per season.**
- 1.4. League Rules and Policies: The Board of Directors (Board) shall govern all League rules. Any rule or policy change must receive approval by a quorum of the Board. The President may, at his discretion, call a non-regular Board meeting in order to receive approval by a Board quorum for any rule change. Board quorum shall be as defined in the League Bylaws
- 1.5. City Rules and Regulations: All City of Carlsbad (City) rules, regulations and restrictions for use of City fields shall be adhered to.
- 1.6. Conduct: Conduct detrimental to the League, may be reason for disciplinary action including suspension or expulsion from the League. No refunds shall be provided to players who are suspended or expelled from the League for misconduct and/or disciplinary reasons.
- 1.7. Family Attendance: All players are encouraged to have Family and Friends attend League games.

2. Player Eligibility

- 2.1. Divisions: The La Costa 35 Athletic Club shall administer two divisions of men's softball during summer play; the Senior (Gold) Division and the Younger (Hotel California) Division and one division during winter play; Winter Division shall consist of a unified league with no separate age groups.
- 2.2. Eligibility:
 - 2.2.1. Hotel California Division:
 - 2.2.1.1. Players must be at least 35 years of age during the calendar year of the summer softball season.
 - 2.2.2. Gold Division:
 - 2.2.2.1. Players must be at least 45 years of age during the calendar year of the summer softball season.
 - 2.2.3. Simultaneous participation in both Hotel California and Gold Divisions

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- 2.2.3.1. Players must be at least 45 years of age during the calendar year in order to participate in both divisions.
- 2.2.3.2. At the Commissioner's discretion, some players aged 45-49 must play with wood bats for safety concerns/reasons.
- 2.2.4. Winter Softball Players must meet the eligibility requirements of the Hotel California or Gold Divisions to play Winter Division softball.
- 2.3. **Father-Son Rule:**
 - 2.3.1. Hotel California Division: Members who have sons and/or son-in-laws that turn 30-34 years of age during the calendar year may play softball with their son(s) in the Hotel California Division. Father and son(s) are to play on the same team until the son turns 35 years of age, after which the father and son may play on separate teams if requested and approved by the Commissioner.
 - 2.3.2. Gold Division: Members who have sons and/or son-in-laws that turn 45 years of age during the calendar year may play softball with their son(s) in the Gold Division.
 - 2.3.3. Father-Son Rule when Father no longer participates: In the event the father chooses to no longer play softball and the son desires to continue to play while below the minimum age of the respective division, the father and son must have previously played at least one full summer season together AND the respective Commissioner(s) must determine that the son remaining on the team is in the best interests of the League.

3. Field Rules

- 3.1. **Dugouts:** No beverages shall be allowed on the field of play, nor will open alcoholic beverages be allowed in the dugout. No tobacco products shall be allowed on the field or in the dugout. No sunflower seeds shall be allowed on the field or in the dugout. All other City field restrictions shall apply to League sanctioned events.
- 3.2. **Uniforms:** Each team must be uniformed in the same style shirt of the same color. Team sponsors are responsible for providing uniforms. Uniforms shall consist of jerseys and hats. Players may wear regulation baseball hats, other than those issued for the team, at their discretion.
- 3.3. **Pitching Screens:** Pitching screens shall be used during all League sponsored games. Guidelines regarding the use of pitching screens during play is provided under Section 5.1 herein.
- 3.4. **Protests:** There are no protests allowed. Managers who have questions or concerns about calls during games should direct their questions and concerns to the umpire at that time. If further discussion is needed, then the managers and umpires should consult with a league officer not directly involved in the game, the chief umpire, or the commissioner of that division. The decisions rendered by the umpire shall be considered final.
- 3.5. **Player Ejections:** Players may be ejected from a game at any time that the umpire feels that the conduct is detrimental to the League.
 - 3.5.1. Player ejections will result in an automatic out when the ejected player is next scheduled to come up in the batting order (An out will be recorded for the ejected player's next at bat immediately following the ejection). Following that recorded out, the ejected player shall be removed from the rotation and no further outs shall be recorded against the ejected player.
 - 3.5.2. The ejected player must leave the field of play. The ejected player is not allowed to in any way interfere with the continuation of the game or they will be ejected from the park. Any player that fails to comply and further conducts himself in an unsportsmanlike manner or manner detrimental to the League may lead to a forfeit of the game by the ejected player's team. Player ejection and game forfeit is at the discretion of the umpire.

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- 3.5.3. An ejected player shall be suspended from his team's next scheduled game.
- 3.5.4. All ejections shall be reported to the respective Commissioner and League President.
- 3.5.5. Continued unsportsmanlike conduct, including ejection from games, may lead to suspension or expulsion of the player from the League at the discretion of the League President.
- 3.6. Other Rules/Regulations: Any other rules deemed necessary for play by the umpire in charge during a game will follow current USA/ASA rules, but amended for three-pitch play as dictated by the rules identified herein.

4. Team Rosters & Players

- 4.1. Team Rosters: Depending on registered player availability, it is the intent of the League that the maximum team roster for all teams in all divisions be 15 players. At no time shall a team roster consist of less than 13 players. Roster players are those players assigned to a specific team prior to the beginning of the season or added to the team during the season with the respective Commissioner's approval. Commissioners have the authority to increase a team's maximum roster by one player. Any additional increases must be approved by the President.
- 4.2. Team Balancing: It is the intent of this league to promote competitive games amongst all teams within their respective divisions. A team that routinely finishes first or a team that routinely finishes last is not in the best interest of this league. Additionally, a team that finishes undefeated or a team that finishes winless is also not in the best interest of this league. In order to promote balance among the teams within this League, the following shall be instituted:
 - 4.2.1. Summer Softball (Hotel California): Before the start of the first preseason game, Commissioners shall consult with each Team Manager to determine the number/names of returning players, individual player move requests, and potential internal team conflicts. A Division Balancing Committee shall then be convened by each Commissioner to determine the placement of veteran players who desire to switch teams (Free Agents), and new players (Rookies). Upon completion, Commissioners shall submit team rosters to the League President for approval prior to the first regular season game. In the event of circumstances whereby there are a large number of first year players entering the League or there is an obvious imbalance in the League, the Commissioners and their respective balancing committees, upon approval by the President, may transfer players no later than the beginning of the third full week of the regular season.
 - 4.2.2. Summer Softball (Gold): Beginning 2025, the Gold Division will consist of a draft every year with a goal of balancing the teams due to the advancing ages of some players. A Division Balancing Committee shall be convened by the Commissioner in order to rank the top players (usually for the first 3-4 rounds of a draft) so every team will have an equal number of highly rated players. Upon completion, the Commissioner shall submit team rosters to the League President for approval prior to the first regular season game. In the event of circumstances whereby there are a large number of first year players entering the League or there is an obvious imbalance in the League, the Commissioner and its Division Balancing Committee, upon approval by the President, may transfer players no later than the beginning of the third full week of the regular season.
 - 4.2.3. Winter Softball: A draft of the registered participating Winter Softball players in the League shall be undertaken prior to the beginning of the Winter Softball season. The number of players permitted to register and the number of total teams may vary each winter based on the number of interested members. The number of winter teams will ultimately be determined by the Winter Commissioner taking into account field availability at Stagecoach Park with a goal of preventing and/or minimizing bye weeks and game times beginning after 4:00 PM. Senior (Gold) and Younger (Hotel California) Division players participating in the summer season, as well as other existing league members in good standing who

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played in a prior summer season and desire to play only during the particular winter season, are eligible for the Winter Softball draft. Players who were not on a team roster during the immediately prior summer and/or Winter Softball seasons are not eligible to play Winter Softball unless the reason they were unable to play in the immediate prior summer and/or Winter Softball seasons was due to injury or health reasons, in which case their participation must be approved by the President. The Winter Softball Commissioner shall chair the draft to ensure that the drafting of players is in keeping with the rules as well as the spirit of the League.

- 4.2.4. Replacing Winter Softball players: Immediately following completion of the Winter Softball draft, all waitlist players shall be assigned a draft-round equivalency by the Commissioner and Managers based on the current draft. This will be done by a blind vote with 1 vote per team. If a waitlist player is needed during the season, they must replace a player from the same or earlier draft round than where they were designated. Players can only be replaced up to the halfway point of the season.

4.2.4.1 In the event there is more than one replacement player on the Winter Softball waiting list for that round, the manager will have their choice. If there are no comparable players on the waitlist, the Winter Softball Commissioner has the discretion to solicit interest from LC35 Athletic Club members in good standing (with priority given to players who are not currently playing LC35 football) who would be comparable to the other players that were drafted in that round.

4.2.4.2 Winter Softball players drafted after round 10 must be replaced in order to maintain draft parity

4.2.4.3 Winter Softball players drafted in Rounds 1-9 may be replaced at the Winter team manager's sole discretion after Comparable Replacement Players have been identified and disclosed to the Winter team manager.

4.2.4.4 In the event that a player has been replaced by a Comparable Replacement Player, the replaced player may not return during that same Winter Softball season unless (a) more than 50% of the scheduled Winter Softball regular season games have not yet been played and (b) the Comparable Replacement Player that took their spot on the team willingly relinquishes their spot on the team and agrees to not play the remainder of the season.

- 4.3 Forfeit Rule: Each team will be required to have a minimum of eight (8) roster players available for play not later than ten (10) minutes after the scheduled game time. If a team has less than eight roster players available at that time, the team shall forfeit the game. Recognizing that total "runs allowed" during the season may impact team seeding for the playoffs, the score awarded on a forfeit game shall be 9 - 0.

4.4 Pick-up Players:

4.4.1 A team is able to pick up a maximum of 2 players to be able to play a legitimate game.

4.4.2 If the team cannot field at least 8 regular roster players, the game is forfeited.

4.4.3 The fill in player(s) must be identified to the umpire and the opposing manager before the game and is subject to reasonable agreement.

4.4.4 The fill in player(s) should be of average ability and should not be a player(s) that can drastically change the outcome of the game.

4.4.5 Notwithstanding 4.4.3 and 4.4.4, the fill in player(s) in Winter Softball shall be acceptable if they were drafted in the 5th round or later of that season's draft; provided however, the opposing manager may permit a player drafted in rounds 1-4 in their sole discretion.

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- 4.4.6 The fill in player(s) will play either catcher or outfield and must bat last.
- 4.4.7 The fill in player(s) will be allowed to pitch.
- 4.4.8 Registered Senior / Younger / Winter Division players can play as pick-up players in their division games, NO players may be picked up that are not registered for that particular year and that division.
- 4.4.9 Playoffs: There are no pickup players during any playoff games.
- 4.5 Player Absence: All players shall advise their manager(s) in a timely manner if they will be missing a game. Repeated absences without manager notification are considered an act of poor sportsmanship and may lead to a suspension from the league.
- 4.6 Player Participation: Defense: All participants must play a minimum of 4 innings in all Divisions given that the game goes at least 8 innings. If the game concludes at 7 innings or less, players must have played at least 3 innings.

Penalty: Forfeiture of the game will result after discussion between league officers.

- 4.6.1.1 The minimum innings should only be used for a player that is injured, limited to playing catcher, or simultaneously participating in both divisions.
- 4.6.1.2 Managers should strive to equally distribute defensive innings amongst all players.
 - 4.6.1.2.1 As an example: 9 defensive innings with 10 positions = 90 positions. 90 positions split by 15 players equals 6 defensive innings per player. This is not a requirement, simply a guideline to help determine equal participation.
 - 4.6.1.2.2 Cannot have more than 5 infielders, not counting the catcher.
 - 4.6.1.2.3 Infielders must start play within the Co-Ed line, Outfielders Must start play outside of Co-Ed line.
- 4.6.2 Offense: All participants must bat. A late arriving player shall be placed last in the batting order.
- 4.6.3 There will be no throwing out runners at 1st base from the outfield by an outfield position player in Gold and Winter Softball, but in Hotel California, such exempt runners must be agreed upon by both managers before the game.
- 4.6.4 Hit and Sit (If a batted ball travels beyond the infielders and is touched by an outfielder, the batter does not have to run to touch first base). All other runners already occupying bases are able to be forced or thrown out. (Gold and Winter Softball only)
- 4.6.5 Injured Player: An injured player may leave the game and drop out of the batting order without penalty. Teams may pick up a player to replace an injured player in order to field the minimum of 10 players. Pick-up Player rules stated in 4.4 apply.
- 4.6.6 Player Called Away: A player called away may leave the game and drop out of the batting order without penalty so long as the Umpire does not feel the departure was conducted in bad sportsmanship. Managers of players that must leave prior to the end of the game shall notify the Umpire as soon as possible.
- 4.6.7 Pitchers: If an injured roster player is unable to play the field or bat, that player is still eligible to pitch for his team.

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5 Playing Rules

5.1 Three-Pitch Softball: The team at bat must provide their pitcher from among their roster players. Pitcher(s) must avoid defensive plays.

5.1.1 A League furnished pitching screen will be provided for placement on the pitcher's mound and will be used for all games.

5.1.1.1 The placement of the pitching screen will be no closer than 35' from home plate. Its placement must be in a location where the pitcher is able to safely move behind it after each pitch.

5.1.2 Rules for the pitcher/screen

5.1.2.1 Balls hit by an offensive batter that hit the screen are "dead" balls.

5.1.2.2 Balls thrown by a defensive player (except by the Catcher returning a ball to the Pitcher) that hit the screen are "live" balls.

5.1.2.3 Any hit on the first or second pitch that hits the pitching screen shall be ruled a "dead ball strike". Any hit on a third pitch that hits the pitching screen shall be ruled a "dead ball" however the 3rd pitch shall be repeated until the hit is in the field of play or ruled a foul ball out.

5.1.2.4 Balls hit by an offensive batter that hit the Pitcher who is not behind the screen is an out. Safety shall always be the primary consideration during play.

5.2 Base Placement: For the Hotel California Division, Gold Division, and Winter Softball Division, the 1st and 3rd bases shall be placed seventy (70) feet from home plate, (the third hash mark at Stagecoach Park).

5.3 First Base: A double first base will be used. On throws from the infield, the runner must tag the outside bag (orange) first when running out a batted ball. Violation results in runner being called out.

5.4 Home Plate Area: A separate "Runner's" Home Plate Line shall be provided at seventy feet (70') from third base and it shall be located approximately 8 feet from the official Field Home Plate on the third base side (see Figure 1). The trailing edge of the Runner's plate shall be in line with the extended first base foul line and with the front edge of the home plate line.

5.4.1 A commitment line shall be located half way between third and home, which after being crossed by the advancing runner, the runner must proceed home, unless the umpire directs the runner back to third base by rule. All putouts at home are considered a force out. No tagging is allowed of the runner after crossing the commitment line.

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Figure 1
Home Plate Area

- 5.5 Scoring and Plays at Home Plate: Runner must touch the ground on or behind the home plate line with any part of the body before the catcher makes the force at home. This is the umpire's judgement call.
- 5.5.1 Runner is out for touching the Field Home Plate or any section within the batter's box. Plays to home are considered forced outs and therefore the Catcher must tag the Field Home Plate to force out the runner.
- 5.6 Leading Off: A base runner may not leave any base until the ball is hit. Violation of this rule shall lead to the player being called out.
- 5.6.1 Retouch - Runners at 1st and 3rd may start in foul territory for safety reasons but must retouch the base before proceeding to the next base.
- 5.6.2 Runner may not get a running start towards the next base when starting in foul territory during the pitch and will have to follow the normal "movement on contact" rules
- 5.7 Runner Avoidance: This rule is intended to prevent unsportsmanlike base running and to maintain a safe playing environment. For any close play at a base, the base runner must slide and/or attempt to avoid the defensive player making the play. If the umpire determines the base runner impeded the defensive player from making a play, the base runner shall be called out for interference. If that interference also prevented the same defensive player from attempting a subsequent play (i.e. a double play) that could have resulted in an additional out, the umpire may additionally rule the trailing base runner as out. The defensive player must make an attempt to throw the ball in a double play situation. In the event a base runner elects to vacate his basepath within 15 feet of 2nd base to avoid a collision with a defensive player, the base runner will be awarded 2nd base if a throw causes the defensive player covering 2nd base to vacate the base in order to catch the ball and in the judgment of the umpire, the base runner would have reached 2nd base safely had he continued on his original basepath.
- 5.8 Fake Tagging: Fake tagging is not allowed. A violation of this rule may result in the player being removed from game (umpire's discretion) and the base runner advancing one base.
- 5.9 Sliding: Sliding is allowed into all bases. Sliding into 1st base is allowed only into the orange safety bag. Sliding into the white bag at 1st shall be an automatic out.
- 5.10 Infield Warm-Up Throws: In the event that daily scheduled games times are running late, umpires have the discretion to limit infield throws to only one per infielder and/or the first three innings.

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- 5.11 Substitute Runner: It is the intent of this rule to provide runners for those players who may not be able to run the bases due to injury or other health reasons.
- 5.11.1 Any player can substitute run; however, in the Gold Division, players aged 45-49 may only substitute run 3 times per game. Such player shall identify himself each time he substitute runs and the opposing manager shall make note of the number of times the player has substitute run.
 - 5.11.2 All healthy runners must be used before a player can run again in the same inning. A healthy runner is defined as one that runs for themselves normally.
 - 5.11.3 Runner must score or be called out on bases. No pinch runner for pinch runner. The only exception is to be in the event that the pinch runner gets injured.
 - 5.11.4 If a pinch runner's position comes up to bat and the runner is still on base, he will be called out.
 - 5.11.5 The substitute runner can only start from a base. Not home plate.
 - 5.11.6 If the player has a pre-game injury and will require a substitute runner for the entire game, the injured player(s) must be identified to the umpire prior to his first at bat.
 - 5.11.7 If a player is injured during the game, a substitute runner shall be used for that inning of injury. Further innings shall be determined by the recovery of the player.
 - 5.11.8 No substitute runners shall be allowed in the final or extra innings of a game for players who had not previously taken a substitute runner during the game. The only exception will be if the player was injured in the final or extra innings.
 - 5.11.9 Players may take a runner in order to pitch to their team.
 - 5.11.10 A player pinch-running for a teammate may not get a runner in order to pitch until the completion of their obligation to run the bases.
- 5.12 Designated Hitter:
- 5.12.1 Hotel California, Gold and Winter Divisions: One Designated Hitter (DH) allowed per team, and the DH must be identified to the umpire and opposing manager prior to the game. A manager cannot designate a player as a DH, the player must declare to the manager that they want to be a DH.
Penalty: If discovered that a manager has involuntarily placed a player as a DH, the Manager will be ejected from the game
 - 5.12.2 A player that is designated as a DH for a game cannot play any defensive position, except in the event of an injury. In the event of an injury and a team is reduced to 9 or less players, the DH may become the catcher.
- 5.13 Length of Game:
- 5.13.1 Game Duration: Nine (9) innings or time limit, whichever comes first. Game time shall start at the first pitch or at the commencement of the 10 minute waiting period for players to arrive.
 - 5.13.1.1 HC Time limit: At 80 minutes +1 inning will be called. Game will end after that inning is completed.
 - 5.13.1.2 Gold Time limit: At 80 minutes +1 inning will be called. +1 inning will be open runs. Game will end after that inning is completed.
 - 5.13.1.3 Championship Games: For championship games only, Games will be played without a time limit and be complete after 9 innings unless extra innings are required per 5.13.2.2
 - 5.13.2 Extra Innings:
 - 5.13.2.1 Regular season: Extra innings are allowed until the initial 80 minute +1 inning mark is reached. A base runner shall not be placed at 2nd base to expedite extra inning play. Games that result in ties are expected and acceptable during the regular season.

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- 5.13.2.2 Playoffs: Extra innings of playoff games shall be played until one team scores more runs than their opponent and a complete inning is reached. If after 11 innings of play, a game is still tied, international softball tiebreaker rules shall apply, in which case the last batter to complete an at bat during the prior inning shall be placed at 2nd base to expedite extra inning play. Substitute runners are permitted pursuant to Section 5.11.
- 5.13.3 Flip Flop Rule: If during the regular season, the home team is trailing by ten or more runs going into the final inning, the game will automatically flip-flop. The visiting team will remain in the field, and the home team will bat in its last inning. Should the home team fail to take the lead, the game will result in a win for the visiting team.
- 5.14 Scoring:
- 5.14.1 Hotel California and Winter Softball Division: There are no limitations to scoring.
- 5.14.2 Gold Division: Five Run Rule. The offensive team is permitted to score a maximum of five runs in innings one (1) thru eight (8), with no catch up allowed. During the ninth and extra innings, the 5-run rule is waived and a team at bat is allowed to score as many runs as possible prior to the third out of the inning.
- 5.15 Ground Rules: Any hit ball that bounces over the fence on fields 1, 2, or 3 will be a double. Any ball that rolls under a fence will be a ground rule double. Balls that go into or touch the soccer goal and/or nets are ground rule doubles. Any ball that is fair then goes out of play will be considered a ground rule double as well. Umpires shall discuss ground rules prior to each game with the Team Managers.
- 5.16 Game cancellations/postponements: If it is too dangerous to play, due to weather or daylight conditions, regular season and preseason games will be cancelled or postponed. If play was underway, the game shall be called complete if 5 innings (4.5 innings if the Home Team is ahead) of play are completed. If less than 4.5 innings of play are completed, the game will be rescheduled (if possible) and picked up at the point the game was stopped.
- 5.16.1 Playoffs will be completed based on 9 innings or time limit. The managers of both teams and the umpire will agree upon time remaining and starting point for the continuation at a later date. If less than 4.5 innings of play are completed, the game will be rescheduled and picked up at the point the game was stopped.
- 5.17 Batter's Box: The batter will start with at least 1 foot touching inside the batter's box.
- 5.17.1 For all pitches the batter may not step in front of the front batter's box line while contacting the ball.
- 5.17.1.1 If the batter does make contact, the umpire will signal by extending their arm to their side parallel to ground. At the end of the play, the defensive team will have the option to let the play stand or require the batter to bat again
- 5.18 Intentional Walk: Each team while on defense, may elect to intentionally walk a batter of the opposing team. Limit 1 per team per game.

6 Equipment

- 6.1 Bats for Players 59 Years of Age or Younger: Bats must bear the stamp "USA/ASA Approved" for all players who are 59 years of age or younger. Any bat not allowed by the City and any bat that does not have a bat performance factor (BPF) of 1.20 cannot be used. Use of a Non-USA/ASA approved bat shall be ruled an automatic dead ball out.

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- 6.2 Bats for Players 60 Years of Age or Older: Players who turn 60 years of age during the calendar year may use a bat as described under this section. Bats for use by players 60 years of age and older shall carry USA/ASA certification, NSA certification and/or USSSA certification, or a Bat Performance Factor (BPF) certification of 1.20 for use in all LC35AC softball games and events. All non-USA/ASA approved bats will be required to be presented to the League's Vice President in order for the bat to be approved for use by players 60 years of age and older. The bat will be marked with red tape immediately above the handle wrapping and in a manner acceptable to the owner and to the League's Vice President.
- 6.3 Altered Bats: Altered bats shall not be used. An altered bat is defined as: "Any bat whose physical characteristics and/or properties have been intentionally altered or modified for the purpose of improving performance."
- 6.3.1 All players shall adhere to the requirements and conditions of the "Altered Bat Statement" included in the League's Registration Form, which must be read, signed and dated by all players prior to their participation in any League sanctioned games. Any player caught using an altered bat shall be ejected from the game in accordance with paragraph 3.5. Any manager that is deemed to have been aware that his player was using an altered bat shall also be ejected from the game.
- 6.3.2 Methods of altering bats.
1. Wall Thinning / Barrel Shaving
 2. Loading
 3. Accelerated Break In (ABI) Techniques
 4. Painting
- 6.4 Spikes: No metal cleats shall be allowed.

7 Playoffs

- 7.1 General: All teams shall play in the playoffs. Bracket format shall be determined by the commissioner.
- 7.2 Seeding: Playoff seeding shall be determined by the following:
- A. Highest Winning Percentage shall determine the top seed.
 - a. A Tie is worth 50% of a win.
 - B. Lowest Winning Percentage shall determine the bottom seed.
 - C. In the event Teams are tied, the best record on match up game(s) shall be the higher seed.
 - D. In the event the Teams are still tied (split games) after 7.2.C above, the Team with the fewest runs allowed for the season shall be the higher seed.
 - E. In the event the Teams are still tied after 7.2.D above, a coin toss shall determine the higher seed.
- 7.3 Playoff Home Team Advantage: Home Team advantage shall be determined by the following:
- A. Winner's Bracket: Higher Seed shall be the home team.
 - B. Loser's Bracket: Home team shall be determined by a coin flip. Higher seed team shall call the coin toss.
 - C. Championship Game #1: (Summer League) Team from Winner's Bracket shall be home team.
 - D. Championship Game #2 (Summer League) (if required) Coin toss shall determine home team. Higher Seed shall call the coin toss.
 - E. Championship Game #1 (Winter Division): Team from Winner's Bracket shall be home team
 - F. Championship Game #2 (Winter Division) (if required): Coin toss shall determine home team. Higher Seed shall call the coin toss.

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Version Control:

Dec 2016 updates

Section 2.2.2.1 and 2.2.3.1	"55+ Gold Division" updated	Voted March 2016 Board
Section 4.4.1 thru 4.4.8	"Pick up player" updated	Voted March 2016 Board
Section 5.11.1 thru 5.11.4	"Rabbit Rule" updated	Voted March 2016 Board
Section 5.12	"Designated Hitter" added	March 2016 Board discussions
Section 5.4 and 5.5	"Home Plate Line" updated	August 2016 clarification

Feb 2017 updates

Section 5.1.1	"Pitching screen placement" added	Voted Feb 2017 Board
Section 5.13.1	80 minutes "no new inning" for playoffs updated	Voted Feb 2017 Board
Section 5.13.3	"Flip Flop Rule"	Clarification Feb 2017 Board
Section 5.16 and 5.16.1	Game continuation for playoffs	Voted Feb 2017 Board

Jan 2018 updates

Section 5.13.1	85 minutes no new/95 Minutes drop HC	Voted Jan 2018 Board
Section 5.13.1	80 minutes open inning declaration for Gold	Voted Jan 2018 Board

Jan 2019 updates

Section 5.13.1	80 mins +1 inning game times	Voted Jan 2019 Board
Section 7.1	Bracket format determined by commissioner	Clarification Jan 2019
Section 15.7	Batter's Box	Voted Jan 2019 Board

Feb 2023 updates

Sections 2.2 and 4.2.1.1	Summer Softball-Gold draft, younger player eligibility and playing with wood bat	Voted Feb 2023 Board
Section 4.2.3	Winter Replacement Players	Voted Feb 2023 Board
Section 4.7.3.2.2	Co-ed Line	Voted Feb 2023 Board
Section 4.7.3.2.3	Infielder max	Voted Feb 2023 Board
Section 4.7.5	Hit and sit (Gold, Winter only)	Voted Feb 2023 Board
Section 4.7.9	No throwing out runners from outfield	Voted Feb 2023 Board
Section 2.3.1.1 & 2.3.2	Father/Son redundant rule removed	Voted Feb 2023 Board

La Costa 35 Athletic Club Softball Rules (Adopted August 20, 2026)

Feb 2024 updates

Sections 2.2.2 and 2.2.3	Summer Softball – Elvis renaming to Gold and removal of division scheduling conflict priority	Voted Feb 2024 Board
Section 4.2.3	Winter Softball eligibility	Voted Feb 2024 Board
Section 4.2.4	Winter replacement player rule clarification, flexibility and examples	Voted Feb 2024 Board
Section 4.4.5	Winter Softball pick-up players	Voted Feb 2024 Board
Section 4.7.3	Hotel California exceptions from being thrown out by outfielder at 1 st base	Voted Feb 2024 Board
Section 5.2	Gold Division bases moved to 70 feet	Voted Feb 2024 Board
Section 5.7	Slide or avoid rule modification - umpire judgment in awarding 2 nd base	Voted Feb 2024 Board
Section 5.11.1	Substitute runner limit in Gold Division – 5 times per game for players aged 45-49	Voted Feb 2024 Board
Section 5.12.1	All Divisions are permitted one designated hitter per game	Voted Feb 2024 Board
Section 7.3 F	Winter Softball coin toss for what-if Championship Game #2	Voted Feb 2024 Board

August 2024 Updates

Section 4.2.2	Gold Division Draft – Updated draft to every year.	Voted August 2024 Board
Section 5.5.1	Updated Scoring Plays at Home Plate and Diagram.	Voted August 2024 Board
Sections 5.6.1 & 5.6.2	Retouch of 1 st & 3 rd base	Voted August 2024 Board
Sections 5.9.1 & 5.9.2	Sliding into 1 st base Hotel Division	Voted August 2024 Board
Section 5.13.1.3	Update Championship Game to 9 innings and no time limit	Voted August 2024 Board
Sections 5.17.1 & 5.17.1.1	Stepping in front of batter's box	Voted August 2024 Board
Section 5.18	Intentional Walk (Winter 2024/2025 season only)	Voted August 2024 Board

La Costa 35 Athletic Club Softball Rules (Adopted August 20, 2026)

February 2025 Updates

Section 1.8	Removed Sponsorship Section	Voted February 2025 Board
Section 5.9	Sliding is now allowed at all bases in all divisions (Gold, Hotel, Winter)	Voted February 2025 Board
Section 5.18	Intentional Walk Expanded to all divisions after winter 2024/25 trail.	Voted February 2025 Board

August 2025 Updates

Section 3.4	Added "Chief Umpire" and league officer "not directly involved in game" to rule.	Voted August 2025 Board
Section 4.7.1	Clarified minimum 4 innings applies once game reached 8 innings. Added Penalty language to rule.	Voted August 2025 Board
Section 4.7.4	Batter does not have to run to first if ball is touched by outfielder. All other runners can be forced/thrown out.	Voted August 2025 Board
Section 5.11.1	Gold division change 5 to 3 for ages 45-49	Voted August 2025 Board
Section 5.11.9, & 5.11.10	Added new rules for pinch running.	Voted August 2025 Board
Section 5.12.1	Added Penalty	Voted August 2025 Board
Section 5.12.2	DH can play catcher if due to injury	Voted August 2025 Board
Section 7.3 (B)	Higher seed shall be home team	Voted August 2025 Board

January 2026 Updates

Section 4.2.4	Winter Softball waitlist player ratings.	Voted January 2026 Board
Section 4.2.4.1	If there are multiple replacement player options	Voted January 2026 Board
Section 4.2.4.2	Replacing players drafted after round 10	Voted January 2026 Board
Section 6.2	Bats for players who turn 60 years old	Voted January 2026 Board

La Costa 35 Athletic Club Softball Rules (Adopted August 20, 2026)

August 2026 Updates

Section 4.2.3	Winter Softball Guidelines updated.	Voted August 2026 Board
Section 4.5	Removed requirement of 50% of regular season games played to be eligible for playoffs	Voted August 2026 Board
Section 4.6.5	Pickup Players permitted to field 10 players	Voted August 2026 Board
Section 5.13.2.1	Regular Season Extra Innings - Clarifying language was added	Voted August 2026 Board
Section 5.13.2.2	Playoff Extra Innings – Clarifying language was added	Voted August 2026 Board
Section 5.13.3	Added Flip-Flop Rule	Voted August 2026 Board
Rule 7.3 B.	Loser's Bracket home team determined by coin flip. Higher seed calls the coin toss.	Voted August 2026 Board
Rule 7.3 E	Winter Championship Game #1 – Team from winner's bracket will be home team.	Voted August 2026 Board

Adopted by a quorum of the Board of Directors on August 20, 2026

Attested to by League officers on August 20, 2026

Karl Burk – LC35AC President

Jamie Hughes – LC35AC Vice-President

Eric Underwood – LC35AC Treasurer

Greg Beauchane – LC35AC Secretary

Dale Gray – Gold Division

Alex Castillo – Hotel California Division

Brooks Inga – Winter Division

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